

COVER PHOTO

In addition to having funds for Kids Help Phone, Designer Showcase is an exceptional display of the latest trends in home design. Our cover features the showcase bedroom from Hallie's Designer Showcase 2000 which uses subtle tones with clean-lined transitional styles to complement the room's geometric patterns and abundant, soft natural light. This is just one of the many enlightening ideas depicted in our feature story *Bring in Light*, found on page 12.

Photographer: James Ingram
J&J Photographic, Halifax, NS

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How illuminating

It's at this time of year, when the icy North Atlantic wind starts to blow, that we take special solace in the comforts of home. *East Coast Living*, Atlantic Canada's only homes and lifestyle magazine, wraps up enough building, renovating and decorating ideas to turn your abode from simply a place where you hang your hat, into a haven of comfort and personal style.

With the dark days of winter upon us, this issue will illuminate the bevy of home lighting choices available to Atlantic Canadians, spotlighting the traditional to the high-tech. With so many ambient options, homeowners have it made in the shade. Our regular renovation feature will expand your view of windows, doors and mouldings, explaining how these high-profile elements can showcase your unique personality. Then we'll bring you back in time with a look at Atlantic Canada's saltbox architecture and the centuries-old craft of making stained glass, which is currently experiencing a high-art renaissance. And since winter's such a great time to curl up with a book, we'll visit with two Atlantic Canadian writers, who show us what home means to them.

In the centre of our publication you'll find the third edition of *Eating It*, drawing on the expertise of Sobeys's food advisors, we've included some savory ideas on how to make the most of eating at home this festive season.

We welcome your feedback and encourage you to complete our reader reply card—we can better serve your needs when we know what issues are important to you. And be sure not to miss our next Spring/Summer issue of *East Coast Living* and *Eating It*, by filling out the enclosed subscription card today.

—The staff of Metro Guide Publishing

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**East Coast
Living**



Congratulations Sharon!

Sharon Preston of Dartmouth, Nova Scotia, was the winner of our "Give us your 2 cents...and we'll give you \$500!" reader reply contest.

The win came at a good time: Sharon was looking into doing some renovations to her home and decided to use her winnings towards a professional decorating consultation. Sharon called Meg Wallace of Nova Interiors, located at 80 Portland Street in Dartmouth, to help her redecorate her home and assist in her remodeling plans. Congratulations Sharon!

You can learn more about the professional advice an interior decorator can offer you from our Design Decisions feature on page 36 of this issue.